

Elgin Middlesex District Futsal League

Youth Development Program

Start Date – Weekend of January 11, 2020

Duration – 10 weeks. Program will run for 10 weeks to March 14 conditional on gym availability

Session durations – 90 minutes. Each session will contain 30 minutes of skills and drills followed by game.

Game structure – After skills sessions players will be divided into two teams for play.

Participant age – **Open to players born in 2010, 2011 and 2012. Co-ed**.

Cost - $95.

Day of week – Saturdays. Program will run every Saturday. If there is demand for Sunday program additional sessions will be added.

Equipment – Players **must** have indoor (futsal) gym shoes, shorts/shirt, shinpads. Pinnies will be provided for games.

Benefits of futsal:

<https://www.soccertoday.com/why-futsal-is-great-for-youth-soccer-players/>

<https://www.truefutsal.com/Default.aspx?tabid=823733>

<https://soccerdebrazil.com/benefits-of-futsal/#targetText=The%20benefits%20of%20futsal%20include,go%201v1%20against%20their%20opponent>

Payment to EMSA office. Registration deadline November 23, 2019

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| Player name -  | Contact Name -  |
| Player DOB – YYYY/MM/DD | Contact email -  |